




CrossFit

FORGING ELITE FITNESS



LEVEL 1
TRAINER
(CF-L1)

THIS LEVEL 1 TRAINER CERTIFICATE IS AWARDED TO

MARIE SEMERDJIAN



NOVEMBER
27TH
2016

WHO HAS FULFILLED THE REQUIREMENTS AND COMPLETED
THE PRESCRIBED COURSE OF STUDY OF
CROSSFIT'S FOUNDATIONAL MOVEMENTS AND METHODOLOGY.

THIS CERTIFICATE GRANTS THE DISTINCTION OF CROSSFIT LEVEL 1 TRAINER (CF-L1).



Greg Glassman, CEO
CrossFit, Inc.



VALID FOR FIVE YEARS
FROM DATE OF ISSUE