



# CrossFit

FORGING ELITE FITNESS



THIS LEVEL 1 TRAINER CERTIFICATE IS AWARDED TO

**JEAN BAPTISTE DESNOIX**

WHO HAS FULFILLED THE REQUIREMENTS AND COMPLETED  
THE PRESCRIBED COURSE OF STUDY OF  
CROSSFIT'S FOUNDATIONAL MOVEMENTS AND METHODOLOGY.

THIS CERTIFICATE GRANTS THE DISTINCTION OF CROSSFIT LEVEL 1 TRAINER (CF-L1).

  
Greg Glassman, CEO  
CrossFit, Inc.



VALID FOR FIVE YEARS  
FROM DATE OF ISSUE

86195541

