



CrossFit[®]

TRAINING

THIS TRAINER CERTIFICATE IS AWARDED TO

Pauline Crosa

WHO HAS FULFILLED THE REQUIREMENTS AND COMPLETED THE PRESCRIBED COURSE OF STUDY
IN CROSSFIT'S SPECIALTY COURSE: GYMNASTICS.



Greg Glassman, Founder
CrossFit, Inc.

CrossFit[®]
SPECIALTY COURSE
GYMNASTICS

AWARDED ON
MARCH 17 2019

Printing Instructions: Trainer Certificate

Congratulations on earning your Specialty Course Trainer Certificate!

For best print results, we recommend using a professional company to match our intended certificate design.

The enclosed certificate was built in 4 color process and is intended to print on 80 lb. Classic Crest Bright White Linen Cover or similar paper.

Thank you,

CrossFit Training Team